

Week of Guided Prayer Family Pages

Woven with God's Love

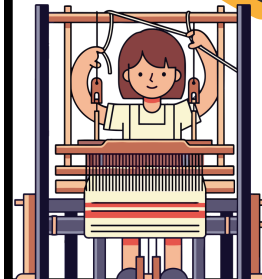
The page contains ten vertical red lines spaced evenly across the width of the page, extending from the top of the main content area to the bottom. These lines are intended to serve as guides for writing prayers or reflections for each day of the week.

Introduction to the week of Guided Prayer



Hello, my name is Weaver! I'm a blue bird.

A weaver is a person who weaves threads together to form fabric. Kind of like how I create my nest.



The week of guided prayer is a time when we learn how to pray. This year, the theme is Woven in God's Love.

This week as you pray, image your life as a fabric.



Your "Fabric of Life" is made of the experiences, relationships, and daily routines that all connect to form your life. Let's think about what some of our threads of life could be...

My community

My family & friends

My routines & responsibilities

My traditions

My stories

My hobbies

**My
Fabric of
Life**

This week, you will add lots of threads to your fabric on the front page of your book. Add some of the threads you wrote about now by cutting on the lines and weaving the threads through.

Video Introduction to
the Week of Guided Prayer

<https://youtu.be/DBTAc-tqCr0>



Watch today's video by clicking [here](#) or scanning the QR code.



Day 1: Monday

Threads of Quiet Strength



1 Scriptures

Pick some of these scriptures to read as a family (1-5 mins)

Psalm 139:13-18...You knit me together

Matthew 8:5-19...A Centurion's Faith

Luke 8:43-48...woman suffering from hemorrhages

Acts 9:10-16...Ananias heals Saul

2 Video

Watch this video together (2 mins)

Watch today's video by clicking [here](#) or scanning the QR code.



<https://youtu.be/Gw3tNs6FDWI>

Wondering Questions

Wonder about the story together (2-5 mins)

I wonder which story you liked best?

I wonder what in that story reminded you of strength?

When does your heart need to be strong? Can you pray about it?

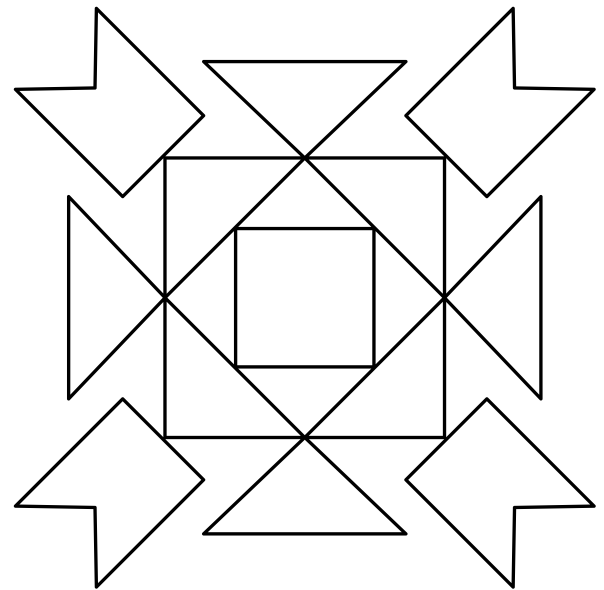
Colouring Quilt



3 Prayer Practice

Do this prayerful activity together (2 mins)

Find a strong thread, cut a strong piece of paper, or a piece of paper that is a strong colour. Write on your paper or dedicate your string to one thing in your life you need God's support and strength for and add it to your weaving project.



4 Prayer

Loving Creator, may I feel Jesus' strong, quiet thread in my life
strengthening and supporting me
so that I may be able to love those that my life touches. Amen.

Day 2: Tuesday

Threads of Perseverance



1 Scriptures

Pick some of these scriptures to read as a family (1-5 mins)

Ephesians 6:10-17...Put on the whole armour of God
2 Corinthians 11:24-28...Paul's hardships
Romans 5:1-5...Suffering produces endurance
Philippians 3:12-16...Let us hold fast



Wondering Questions

Wonder about the story together (2-5 mins)

I wonder if you have ever faced something challenging, but you kept on going?
What helped you persevere?

3 Prayer Practice

Do this prayerful activity together (2 mins)

Find a long thread that keeps on going, or cut a long piece of paper. Write on your paper or dedicate your string to one thread in your life where you can persevere and add it to your weaving project.



2 Video

Watch this video together (2 mins)

Watch today's video by clicking [here](#) or scanning the QR code.



<https://youtu.be/69keWfoMiPc>

4 Prayer

Compassionate Christ,
As I reach out to you, help me know
That you have already reached out to me.
Renew your spirit of strength and perseverance within me.
Run with me, Jesus. I can't do it alone. Amen.

Day 3: Wednesday

Threads of Humility

1 Scriptures

Pick some of these scriptures to read as a family (1-5 mins)

Genesis 24:42-48...Rebekah waters the camels

1 Samuel 17:38-45...David takes off Saul's armour

Luke 7:36-43...A woman bathes Jesus' feet with tears

Luke 15:11-21...I am no longer worthy

2 Video

Watch this video together (2 mins)

Watch today's video by clicking [here](#) or scanning the QR code.



<https://youtu.be/zIIQzA2K5QQ>

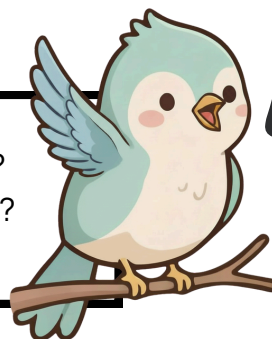
Wondering Questions

Wonder about the story together (2-5 mins)

Who in these stories was humble? Who was not humble?

In what times or places do I find I'm not being my true self?

How can I be humble when I'm with others in my life?



Write some ways you can be humble.

3 Prayer Practice

Do this prayerful activity together (2 mins)

Find a thin thread, cut a thin strip of paper, or pick a quiet colour of paper. Write on your paper or dedicate your string to one thread in your life where you can be humble and add it to your weaving project.

4 Prayer

All knowing God,

It amazes me that, while you have planted my feet firmly on the earth,

You have also given me a desire to reach for the stars.

Help me to find balance between reaching for my dreams and helping those around me reach theirs. Amen.



Draw something you
like to do to serve
others.

Threads of Forgiveness



1 Scriptures

Pick some of these scriptures to read as a family (1-5 mins)

Genesis 45:1-15...Joseph and his brothers
Matthew 18:15-22...How often should I forgive?
Luke 15:21-32...He was lost and is now found

2 Video

Watch this video together (2 mins)

Watch today's video by clicking [here](#) or scanning the QR code.



<https://youtu.be/BrBKGWfoGJE>

Wondering Questions

Wonder about the story together (2-5 mins)

What did you like best about Joseph's story?
When was a time when you found it hard to forgive someone?
What tools could you use to help you forgive, even when it's hard?

What words can you use to ask for forgiveness?



3 Prayer Practice

Do this prayerful activity together (2 mins)

Find a thread or strip of paper and cut it in half, then tie it back together, tape it, put a band aid on it, or glue it. Write on your paper or dedicate your string to one person in your life you want to forgive and add it to your weaving project.

4 Prayer

Father forgive them. Abba forgive me.
Open my heart to receive your grace
So that through me others will experience your never ending love.
Amen.

Threads of Compassion



1 Scriptures

Pick some of these scriptures to read as a family (1-5 mins)

Genesis 21:9-21...God has heard the voice of the boy
2 Samuel 9:1-7...I will show kindness
Matthew 9:35-36...He has compassion
Luke 10:25-37...The parable of the Good Samaritan

2 Video

Watch this video together (2 mins)

Watch today's video by clicking [here](#) or scanning the QR code.



<https://youtu.be/2yCWwl8yreA>

Wondering Questions

Wonder about the story together (2-5 mins)

Where did you see compassion in these stories?
What attitudes to I have towards others that I would like to change?
When am I hard on myself? Could I change this attitude towards myself as well?

3 Prayer Practice

Do this prayerful activity together (2 mins)

Find a soft strong or a soft coloured strip of paper. Write on your paper or dedicate your string to a thread or person in your life you want to have compassion for and add it to your weaving project.

4 Prayer

Loving God,
you are full of compassion.
Teach me to be like you.
Teach me to be kind and generous and loving, just as you are to all your creations.
Please help me to grow a kinder heart towards everything in your creation.
Amen.



Day 6: Saturday

Threads of Peace

1 Scriptures

Pick some of these scriptures to read as a family (1-5 mins)

Mark 4:35-41...Jesus calms the storm
John 20:19-22...Peace be with you
Colossians 3:12-17...Peace of Christ
Isaiah 25:6-9...He will wipe away their tears

2 Video

Watch this video together (2 mins)

Watch today's video by clicking [here](#) or scanning the QR code.



<https://youtu.be/kqsoJyyN0IU>

Wondering Questions

Wonder about the story together (2-5 mins)

When have I been overwhelmed like the disciples in these stories?
How can I trust God's peace in these moments?

3 Prayer Practice

Do this prayerful activity together (2 mins)

Find a calm coloured thread or strip of paper. Write on your paper or dedicate your string to a thread in your life that needs God's peace and add it to your weaving project.

Write or say a prayer for all the threads you added to your fabric this week.

4 Prayer

O God of peace, please help me to seek your calming presence in my own life. Guide me as I try faithfully to be a weaver of goodness in the lives of all I meet. Give me the strength I need to follow in your way. Amen.

